# Vista Ridge All Seasons Park



Monday, March 1

10:20 a.m. 10:30 a.m.

Female Male

12:50 p.m. 1 p.m.

Female Male

3 p.m.

First Fore Runner

Giant Slalom - First Run Giant Slalom - First Run

Second Fore Runner

Giant Slalom - Second Run Giant Slalom - Second Run

**Ulu Presentations** 

lpine skiing first appeared at the Arctic Winter Games in 1972, but did not reappear again until 1994. Since then the event has been included at the 1996, 2000 and 2002 Games. The exclusion of alpine skiing from so many Games is explained by the lack of facilities in some host communities.

Alpine skiing competition at the 2004 Arctic Winter Games will include male and female categories in Super G, giant slalom and dual slalom events. Competition follows the rules of the International Ski Federation.

### Wednesday, March 3

10:20 a.m. 10:30 a.m.

12:50 p.m.

Male

Female Male

3 p.m.

1 p.m.

2:30 p.m.

1 p.m.

First Fore Runner Female Slalom - First Run

Slalom - First Run

Second Fore Runner

Slalom - Second Run

Slalom - Second Run

**Ulu Presentations** 

### Thursday, March 4

10:20 a.m.

Female

Male

Parallel Slalom - First Run Parallel Slalom - First Run Final Run

**Ulu Presentations** 



# Arctic Sports

### Sunday, February 29

Composite High School Gym

10 a.m. Arctic Sports Opening Ceremonies 12:30 p.m. Kneel Jump

4:15 p.m. Arm Pull 7:30 p.m. Ulu Presentations

### Monday, March 1 Composite High School Gym

8:30 a.m. Two Foot High Kick

1:30 p.m. Triple Jump 6:30 p.m. Two Foot High Kick 9 p.m. Ulu Presentations

### Tuesday, March 2 Fort Chipewyan

10:45 a.m. Airplane 2:30 p.m. Head Pull

5 p.m. Ulu Presentations/Demos

### Wednesday, March 3

Composite High School Gym

10 a.m. Alaskan High Kick - Preliminaries 2 p.m. Alaskan High Kick

- Finals

5 p.m. Ulu Presentations

### Thursday, March 4

Composite High School Gym

10 a.m. One Hand Reach
- Preliminaries
11:30 a.m. One Hand Reach

- Finals

2:30 p.m. Sledge Jump 6 p.m. Ulu Presentations

### Friday, March 5 Composite High School Gym

9:30 p.m.

10 a.m. One Foot High Kick
- Preliminaries
3;30 p.m. One Foot High Kick
- Finals
7 p.m. Knuckle Hop

**Ulu Presentations** 



or thousands of years, the Inuit have used games to hone physical abilities that are vital to their collective survival. Strength, endurance, accuracy, resistance to pain, and the spirit of cooperation are the qualities that define Arctic Sports. Surprisingly, Arctic Sports were not included at the Arctic Winter Games until 1974.

Competition typically features open and junior categories for both males and females. However the airplane, knuckle hop and head pull events are male-only. Other events include the Alaskan high kick, one-foot high kick, kneel jump, arm pull, one-hand reach, sledge jump, triple jump and two-foot high kick.

Competition in Arctic Sports events follow rules developed by the Arctic Winter Games International Committee.

These events, some of the most interesting and appealing to spectators are sponsored by Suncor Energy and the Athabasca Tribal Council.

### Badminton



adminton is one of only six sports included at every Arctic Winter Games.

The sport is popular in communities across the northern circumpolar regions because it requires only two people and can be enjoyed in the comfort of warm sports halls while winter holds the outdoors in its long, frozen grip. Few other sports at the Arctic Winter Games demand more of an athlete in terms of agility and endurance.

Badminton originated from a very old children's game known as Battledore (Paddle) and Shuttlecock (bird) in which the object was to keep the bird in the air as long as possible.

### Sunday, February 29

Father P. Mercredi High School Singles

> 9 a.m. Round One 10 a.m. Round Two 11 a.m. Round Three Round Three (cont.) 1:30 p.m.

Doubles

2:30 p.m. Round One

### Monday, March 1

Father P. Mercredi High School Singles

9 a.m. Round Four 10:45 a.m. Round Five Round Five (cont.) 1:45 p.m. **Doubles** 3:30 p.m. Round Two

St. Gabriel Elementary School Singles

9 a.m. Round Four 1:45 p.m. Round Five

Doubles

3:30 p.m. Round Two

### Tuesday, March 2

Father P. Mercredi High School Doubles

9 a.m. Round Three 10:30 a.m. Round Four 1 p.m. Round Five Mixed - Doubles Round One

### St. Gabriel Elementary School Doubles

9 a.m. Round Three 10:30 a.m. Round Four Round Four (cont.) 1 p.m. 1:45 p.m. Round Five

Mixed - Doubles

3:15 p.m.

Round One 2:30 p.m.

### Wednesday, March 3

Father P. Mercredi High School Mixed

9 a.m. Round Two 10:30 a.m. Round Three 1 p.m. Round Four 2:30 p.m. Round Five

### St. Gabriel Elementary School

### Mixed

9 a.m. Round Two 10:30 a.m. Round Three Round Four 1 p.m. 2:30 p.m. Round Five

### Thursday, March 4

Father P. Mercredi High School

### Mixed

10 a.m. Semi-Finals Doubles 10:30 a.m. Semi-Finals

Singles

1:30 p.m. Semi-Finals

### Friday, March 5

9 a.m.

Father P. Mercredi High School Juvenile Mixed

Medal Rounds

### & Juvenile Male Doubles

Junior Mixed & Juvenile Male Doubles 9:45 a.m. Medal Rounds **Juvenile Female Doubles** & Juvenile Male Doubles

10:30 a.m. Medal Rounds Junior Male Doubles

### & Junior Female Doubles

11:45 a.m. Medal Rounds Juvenile Female Singles Medal Rounds 1:30 p.m. Juvenile Male Singles

Medal Rounds 2:15 p.m. Junior Female Singles

3 p.m. Medal Rounds

Junior Male Singles

3:45 p.m. Medal Rounds

4:30 p.m. **Ulu Presentations** & Closing Ceremonies

For more information about badminton: www.badminton.org

Badminton competition at the 2004 Arctic Winter Games is sponsored by Serv-U Expediting Ltd.

### Basketball

### Monday, March 1

Father P. Mercredi High School Men

> 8 a.m. Alberta vs. NWT 10 a.m. Yukon vs. Nunavut 12 p.m. Alaska vs. Magadan 2 p.m. Alberta vs. Yukon 4 p.m. Nunavut vs. Alaska 6 p.m. Magadan vs. NWT

### Fort Chipewyan

### Women

10 a.m. Alberta vs. NWT 12 p.m. Yukon vs. Nunavut Alaska vs. Alberta 3 p.m.

### Tuesday, March 2

Father P. Mercredi High School

9 a.m. Opening Ceremonies Women

10 a.m.

NWT vs. Nunavut Alaska vs. Yukon 2 p.m.

### Men

Alaska vs. NWT 12 p.m. Magadan vs. Yukon 4 p.m. Nunavut vs. Alberta 6 p.m.

### Wednesday, March 3

Father P. Mercredi High School

Men

Alaska vs. Alberta 10 a.m. 4 p.m. NWT vs. Yukon 8 p.m. Magadan vs. Nunavut

Women

NWT vs. Alaska 8 a.m. 2 p.m. Alberta vs. Nunavut NWT vs. Yukon 6 p.m.

### Thursday, March 4

Father P. Mercredi High School

### Men

10 a.m. Yukon vs. Alaska Alberta vs. Magadan 2 p.m. NWT vs. Nunavut 6 p.m.

Women

Alberta vs. Yukon 12 p.m. Nunavut vs. Alaska 4 p.m.

### Friday, March 5

Father P. Mercredi High School

Bronze Ulu Game 3 p.m. (3rd vs. 4th) Gold Ulu Game 7 p.m. (1st vs. 2nd)

### Women

Bronze Ulu Game 12 p.m. (3rd vs. 4th) Gold Ulu Game 5 p.m. (1st vs. 2nd)



asketball has been included in every Arctic Winter Games except for the 1984 Games in Yellowknife. Competition at the Games typically includes both junior male and junior female categories.

Team Alaska has historically dominated the competitions at the Arctic Winter Games, but a rule change requiring Alaskan players to be several years younger than their opponents now makes competition more balanced and exciting.

Given the popularity of basketball in Fort McMurray and the excitement of top-notch teams, we are sure to have stands filled with boisterous spectators.

2004 ARCTIC WINTER GAMES

### Biathlon



iathlon, or ski biathlon, is a gruelling sport with origins in the hunting and trapping traditions of

Biathlon competition at the Arctic Winter Games typically includes individual and relay events for both males and females. In biathlon, competitors must ski a set distance before entering a shooting range where they fire at five targets 50 metres away. Junior competitors do not carry their rifles when they ski.

Fort McMurray Fish & Game Club

### Tuesday, March 2

10:47 a.m. 2 p.m.

Jr. Male

**Biathlon Opening Ceremonies** 

Ski Biathlon Individual Competition - 7.5 km Jr. Female Ski Biathlon Individual Competition - 7.5 km

Thursday, March 4

2 p.m.

Jr. Male Jr. Female Ski Biathlon Sprint Competition - 6 km

Ski Biathlon Sprint Competition - 6 km

Friday, March 5

2 p.m.

Jr. Mixed

Ski Biathlon Relay Competition - 4 x 4.5 km



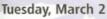
The biathlon events are sponsored by Flint Energy.

### Cross-Country Monday, March 1

Birchwood Trails 11 a.m. 11:01 a.m. 11:30 a.m. 12 p.m.

All Junior Male Juvenile Male Junior Female 12:30 p.m. 1 p.m. Midget Female

Opening Ceremonies (at Stadium area) 5 km Classic 5 km Classic 5 km Classic Juvenile Female 5 km Classic 3 km Classic Midget Male 3 km Classic



1:30 p.m.

The Snye

10 a.m. All Junior Male 12:01 p.m. Juvenile Male 12:08 p.m. Midget Male 12:17 p.m. Junior Female 12:26 p.m. 12:36 p.m. 12:45 p.m.

Qualifying Rounds 750 m Sprint 750 m Sprint 750 m Sprint 750 m Sprint Juvenile Female 750 m Sprint Midget Female 750 m Sprint

### Thursday, March 4

Birchwood Trails

11 a.m. 11:20 a.m. 11:40 a.m. 12 p.m. 12:20 p.m. 12:40 p.m.

Midget Male Midget Female Juvenile Male Juvenile Female Junior Male Junior Female

5 km Free 5 km Free 7.5 km Free 7.5 km Free 10 km Free 10 km Free

### Friday, March 5

Birchwood Trails

11 a.m. 11:40 a.m. 12:20 p.m. 1 p.m. 1:40 p.m. 2 p.m.

Junior Male Juvenile Male Junior Female Juvenile Female Midget Male

All

3 x 5 km Relay 3 x 5 km Relay 3 x 3 km Relay Midget Female 3 x 3 km Relay Closing Ceremonies

3 x 5 km Relay

3 x 5 km Relay



ross-country skiing has been a part of the Arctic Winter Games from the beginning, and it is one of the most competitive sports. Former Arctic Winter Games Team Yukon athlete, Lucy Steele, competed for Team Canada at the 1992 Olympic Games.

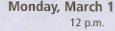
Cross-country skiing is the grandparent of all skiing sports. With skis found in Sweden that are some 4,500 years old, cross-country skiing is actually 4,250 years older than other forms of skiing.

For information on cross-country ski trails in the Wood Buffalo region, check out their club's website:

www.geocities.com/ptarmigannordic/

## Curling

C.A. Knight Recreation Centre



12 p.m. 2 p.m. 6:30 p.m. 7 p.m. Junior Male Skills Competition

Junior Female Skills Competition

All Curling Opening Ceremonies

Junior Male Alberta vs. NWT
Junior Male Alaska vs. Yukon
Junior Female Alberta vs. Yukon
Junior Female NWT vs. Nunavut

Tuesday, March 2

1 p.m.

7 p.m.

Junior Female Junior Male Junior Male Junior Female Junior Female Junior Female Junior Male Junior Male Alaska vs. Nunavut Alberta vs. Nunavut Alaska vs. NWT NWT vs. Yukon Alberta vs. NWT Alaska vs. Yukon Alberta vs. Yukon NWT vs. Nunavut

Wednesday, March 3

10 a.m.

3 p.m.

Junior Male
Junior Female
Junior Female
Junior Male
Junior Male
Junior Male
Junior Male
Junior Female
Junior Female

Yukon vs. Nunavut Alberta vs. Nunavut Alaska vs. NWT Alberta vs. Alaska Yukon vs. Nunavut NWT vs. Yukon Alaska vs. Nunavut Alberta vs. Alaska

Thursday, March 4

1 p.m. 7 p.m. All

Playdowns Playdowns

Friday, March 5

1 p.m. 7 p.m.

10 p.m.

m.

Junior Male Junior Female

Junior Female

Junior Male

Semi-Finals Semi-Finals Finals

Finals

Ulu Presentations

& Curling Closing Ceremonies

ne of Canada's most popular sports, curling has been an Arctic Winter Games staple since the Games began. Requiring only four participants per team, curling has become a very popular sport in the circumpolar area and has resulted in the creation of some very competitive leagues throughout northern

Canada and other northern regions.

Following the rules of the World Curling Federation, junior male and female athletes will compete for 2004 Arctic Winter Games dominance of the ice at the C.A. Knight Recreation Centre in Fort McMurray.

With Team Alberta North capturing two gold medals at previous Games, and teams NWT and Alaska capturing one silver and bronze each, the competition at the 2004 Arctic Winter Games promises to be exciting and entertaining.

For more information about curling: www.worldcurlingfederation.org Laird Electric is the proud sponsor of all curling events.

### Dene Games

### Sunday, February 29

Keyano College Theatre

10 a.m. 3:45 p.m.

All All Dene Sports Opening Ceremonies Ulu Presentations

### Corless Field (Composite High)

12:30 p.m.

Junior Male

1:30 p.m. **Junior Female** 2:30 p.m. Open Male

Snowsnake

Snowsnake Snowsnake

### Monday, March 1

Fort McKay

10:30 a.m. Junior Male Junior Female 11:30 a.m. 12:30 p.m. Open Male

1:30 p.m.

Pole Push

Pole Push Pole Push

Ulu Presentations

### Tuesday, March 2

Janvier

11:30 a.m. 12:15 p.m. 1 p.m.

1:45 p.m.

Junior Male Junior Female Open Male

All

Stick Pull Stick Pull

Stick Pull

Ulu Presentations

### Wednesday, March 3

Keyano College Theatre

10:30 a.m. 11:10 a.m. 11:45 a.m.

**Junior Female** Open Male 12:30 p.m. All

Junior Male

Finger Pull Finger Pull Finger Pull

Ulu Presentations

### Thursday, March 4

Keyano College Theatre

10 a.m. 12:30 p.m. 3 p.m.

Junior Male Junior Female

Hand Games Hand Games Hand Games

7 p.m. **Ulu Presentations** & Closing Ceremonies

These exciting games are sponsored by Suncor Energy and the Athabasca Tribal Council.



s the name suggests, Dene Games were developed among Athapaskanspeaking aboriginals who have traditionally populated the sub-arctic areas of North America. These games evolved as a way for members of highly communal and nomadic societies to hone their skills for survival in what is an unforgiving environment.

Dene Games were added to the Arctic Winter Games in 1990 in an effort to increase the participation of Yukon and Northern Alberta First Nation and Metis people, who have no cultural ties to Arctic sports. They are also among the few events at the Arctic Winter Games that are open to adult competitors. Competition in the Dene Games events follows rules developed by the Arctic Winter Games International Committee.

The Dene Games will include the finger pull, hand game, snowsnake, stick pull and pole push.

### Dog Mushing



or more than 4,000 years the combination of dog and sled has been an important mode of transportation for inhabitants of the northern circumpolar region. The sled dog's ability to withstand sub-zero temperatures and pull heavy loads over frozen ground made it the perfect vehicle for vast journeys in search of food.

Dog mushing was first included in the Arctic Winter Games in 1990 and has appeared at every event since. This year's Games will once again include both male and female competitors. Depending on the age category, races are from 7.5 to 13 kilometres in distance, with each competitor using a team of between four and seven dogs to pull his or her sled.

The races will be tight this year between teams from NWT, Yukon and Alaska. At the 2002 Games, these teams won six, six and five medals respectively.

### Tuesday, March 2

Anzac

10:30 a.m. All Dog Mushing Opening Ceremonies
11 a.m. Juvenile 7.5 km Individual
12:30 p.m. Junior 10 km Individual
1 p.m. All Ulu Presentations

### Wednesday, March 3

The Snye

11 a.m. Juvenile 7.5 km Team
12:30 p.m. Junior 10 km Team
1 p.m. All Ulu Presentations

### Thursday, March 4

The Snye

11 a.m. Juvenile 10 km Individual
12:30 p.m. Junior 13 km Individual
1 p.m. All Ulu Presentations
& Dog Mushing Closing Ceremonies

The dog mushing events are sponsored by Transwest Mining Systems.

### Figure Skating C.A. Knight Recreation Centre Monday, March 1

All 6 p.m. Ladies 1 6:45 p.m. Ladies 2 7:30 p.m. Ladies 3 8:30 p.m. 9:15 p.m. Ladies 4 10 p.m. All 10:15 p.m. All

Figure Skating Opening Ceremonies Short Program Short Program Short Program Short Program Exhibition Skate Ulu Presentations

Tuesday, March 2

Ladies 1 6:30 p.m. 7:15 p.m. Ladies 2 Ladies 3 8:15 p.m. Ladies 4 9:00 p.m. All 9:45 p.m. 10 p.m. All

Long Program Long Program Long Program Long Program **Exhibition Skate** Ulu Presentations

Thursday, March 4

4:30 p.m. All All 5:30 p.m. All 6 p.m.

Team Competition Ulu Presentations

Figure Skating Closing Ceremonies



igure skating has been included at every Arctic Winter Games except for the 2002 Games.

It is usually a female-only event featuring competition in both short and long programs.

Depending on where the Arctic Winter Games is being held, competition follows the rules of either the Canadian Figure Skating Association or the United States Figure Skating Association, therefore, this year's events will follow the Canadian regulations.

2004 ARCTIC WINTER GAMES

## Gymnastics



n this female-only event, participants compete against one another individually and in teams.

An Arctic Winter Games event since 1980, competitors' skills are tested on four events, including floor exercises, balance beam, the vault and the uneven bars. An all-round popular sporting event, the gymnastics competition is sure to be a crowd-pleaser. Catch the exciting gymnastic action to see whether the 2002 Arctic Winter Games gold medal champions, Team Alberta North, can hold off challenges from other delegations, including Team Alaska and Team Yukon.

Norfort Gymnastics Club

### Tuesday, March 2

9 a.m.

10:30 a.m.

10:45 a.m.

1:15 p.m.

### Thursday, March 4

9 a.m.

10:30 a.m.

1:15 p.m.

Warm-up (Public Welcome) Gymnastics Opening Ceremony Team Competition Team Ulu Presentations

Warm-up (Public Welcome) Women's Individual Women's Individual Ulu Presentations & Gymnastics Closing Ceremony

For more information about gymnastics: www.fig-gymnastics.com Gymnastics events are proudly sponsored by Northern Plains Moving.

## Hockey

Sunday, February 29

C.A. Knight Recreation Centre

11:15 a.m. Pee Wee Nunavut vs. Alaska
1:30 p.m. Pee Wee Alberta vs. NWT

 1:30 p.m.
 Pee Wee
 Alberta vs. NWT

 3:45 p.m.
 Bantam
 Yukon vs. NWT

 6 p.m.
 Bantam
 Alberta vs. Nunavut

Thickwood Heights Community Centre

12:45 p.m. Junior Women Yukon vs. Nunavut 3 p.m. Midget Alaska vs. NWT 5:15 p.m. Junior Women Alberta vs. NWT 7:30 p.m. Midget Yukon vs. Alberta

Monday, March 1

Thickwood Heights Community Centre

Junior Women Yukon vs. NWT 9 a.m. 11:15 a.m. Junior Women Alaska vs. Nunavut Alaska vs. Nunavut 1:30 p.m. Bantam 3:45 p.m. Midget Yukon vs. Alaska Bantam Alberta vs. NWT 6 p.m. Midget Nunavut vs. Alberta 8:15 p.m.

Frank Lacroix Minor Hockey Arena

4 p.m. Pee Wee Nunavut vs. Yukon 6:15 p.m. Pee Wee Alberta vs. Alaska

Tuesday, March 2

Thickwood Heights Community Centre

Junior Women NWT vs. Nunavut 9 a.m. 11:15 a.m. Bantam NWT vs. Alaska 1:30 p.m. Midget NWT vs. Yukon 3:45 p.m. Midget Nunavut vs. Alaska Junior Women Alaska vs. Alberta 6 p.m. Alberta vs. Alaska 8:15 p.m. Bantam

Frank Lacroix Minor Hockey Arena

 2:45 p.m.
 Bantam
 Yukon vs. Nunavut

 5 p.m.
 Pee Wee
 Yukon vs. Alaska

 7:15 p.m.
 Pee Wee
 NWT vs. Nunavut

Wednesday, March 3

Thickwood Heights Community Centre

9 a.m. Pee Wee NWT vs. Yukon Bantam 11:15 a.m. Yukon vs. Alaska 1:30 p.m. Rantam NWT vs. Nunavut 3:45 p.m. Junior Women Yukon vs. Alaska 6 p.m. Bantam Yukon vs. Alberta 8:15 p.m. Junior Women Nunavut vs. Alberta

Frank Lacroix Minor Hockey Arena

1:45 p.m. Pee Wee Alberta vs. Nunavut 4 p.m. Midget NWT vs. Nunavut 6:15 p.m. Midget Alaska vs. Alberta

Thursday, March 4

Thickwood Heights Community Centre

NWT vs. Alaska 9 a.m. Junior Women 11:15 a.m. Pee Wee Alaska vs. NWT Midget Nunavut vs. Yukon 1:30 p.m. 3:45 p.m. Bantam 1st vs. 4th Midget Alberta vs. NWT 6 n.m. 8:15 p.m. Rantam 2nd vs. 3rd

Frank Lacroix Minor Hockey Arena

6 p.m. Pee Wee Alberta vs. Yukon 8:15 p.m. Junior Women Yukon vs. Alberta

Friday, March 5

C.A. Knight Recreation Centre

8:30 a.m. Pee Wee 2nd vs. 3rd

11 a.m. Pee Wee 1st vs. 4th

5:30 p.m. Pee Wee Bronze Ulu Game

8 p.m. Junior Women Bronze Ulu Game

Thickwood Heights Community Centre

9:30 a.m. Junior Women 2nd vs. 3rd 12 p.m. Junior Women 1st vs. 4th 2:30 p.m. Bantam Bronze Ulu Game 5:30 p.m. Bantam Gold Ulu Game 8 p.m. Midget Bronze Ulu Game

Frank Lacroix Minor Hockey Arena

10 a.m. Midget 2nd vs. 3rd 12:30 p.m. Midget 1st vs. 4th

Saturday, March 6

Thickwood Heights Community Centre

8:30 a.m. Pee Wee Gold Ulu Game 11 a.m. Junior Women Gold Ulu Game 1:30 p.m. Midget Gold Ulu Game



t would be difficult to find a community in northern Canada or Alaska that does not have a hockey rink of one description or another. It would be equally difficult, given the sport's widespread following, to imagine the Arctic Winter Games without hockey. Every Arctic Winter Games has included a hockey event, and a few of these events have even witnessed the play of future NHL draftees and players.

Due in part to the parity among hockey teams in the Arctic Winter Games, this sport is a perennial favourite among spectators. It is also one of the biggest sports in terms of unit participation. Up to 20 per cent of each contingent consists of hockey participants, and almost every contingent has hockey teams in at least two categories.

For more information about hockey: www.iihf.com

Sponsorship of all hockey events are by DRIVING FORCE and RBC Financial Group.

### Indoor Soccer



Indoor soccer is one of the most poplular events in the North.

The early Inuit in Alaska and Canada played "agsagtuk", or soccer on ice. Balls were stuffed with grass, caribou hair and moss. One legend tells of a game involving two villages with goals 10 miles apart! Luckily, these villages now have gyms for adults and youth alike to play indoor soccer.

Indoor soccer has been included at every Arctic Winter Games since 1980. The indoor soccer competition at the Games typically includes junior and juvenile categories for both males and females, and for the first time, intermediate females in 2004.

This sport is one of the fastest and most aggressive contests at the Games with five-member teams playing two 20minute halves.

C.A. Knight Recreation Centre

### Sunday, February 29

and the same	mary Lo
9 a.m.	Junior Male
9:55 a.m.	Juvenile Male
10:50 a.m.	Juvenile Female
11:45 a.m.	Int. Female
12:40 p.m.	Junior Female
1:35 p.m.	Junior Male
2:30 p.m.	Juvenile Male
3:25 p.m.	Junior Female
4:20 p.m.	Juvenile Female
5:15 p.m.	Junior Male
6:10 p.m.	Junior Female
7:05 p.m.	Junior Male
8 p.m.	Int. Female
8:55 p.m.	Junior Male

londay, March 1				
9 a.m.	Junior Female			
9:55 a.m.	Juvenile Female			
10:50 a.m.	Juvenile Male			
11:45 a.m.	Junior Male			
12:40 p.m.	Juvenile Male			
1:35 p.m.	Int. Female			
2:30 p.m.	Junior Female			
3:25 p.m.	Junior Male			
4:20 p.m.	Junior Female			
5:15 p.m.	Juvenile Female			
6:10 p.m.	Junior Male			
7:05 p.m.	Int. Female			
8 p.m.	Junior Male			

uesday, March 2					
9 a.m.	Juvenile Male				
9:55 a.m.	Junior Female				
10:50 a.m.	Junior Male				
11:45 a.m.	Juvenile Female				
12:40 p.m.	Junior Female				
1:35 p.m.	Juvenile Male				
2:30 p.m.	Junior Male				
3:25 p.m.	Int. Female				
4:20 p.m.	Juvenile Female				
5:15 p.m.	Junior Female				
6:10 p.m.	Junior Male				
7:05 p.m.	Int. Female				
8 p.m.	Junior Male				

Alaska vs. Magadan Nunavut vs. NWT Alaska vs. Yukon Alaska vs. Nunavut Yukon vs. Alberta Nunavut vs. Yukon Alaska vs. Yukon Nunavut vs. Greenland Alberta vs. Nunavut Greenland vs. Alberta Alaska vs. NWT. NWT vs. Alaska NWT vs. Yukon Magadan vs. Yukon

Alberta vs. Nunavut NWT vs. Alaska NWT vs. Alberta Alberta vs. Nunavut Alaska vs. Nunavut Alberta vs. Alaska NWT vs. Yukon NWT vs. Greenland Greenland vs. Alaska Yukon vs. Nunavut Magadan vs. Alberta Nunavut vs. Yukon Yukon vs. Alaska

Yukon vs. Alberta Alberta vs. NWT Greenland vs. Nunavut Alberta vs. NWT Alaska vs. Nunavut NWT vs. Alaska Yukon vs. NWT Alberta vs. NWT Nunavut vs. Alaska Greenland vs. Yukon Magadan vs. Nunavut Yukon vs. Alaska Alaska vs. Alberta

Vednesday,	March 3
9 a.m.	Juvenile Female
9:55 a.m.	Int. Female
10:50 a.m.	Junior Female
11:45 a.m.	Junior Male
12:40 p.m.	Juvenile Male
1:35 p.m.	Int. Female
2:30 p.m.	Junior Male
3:25 p.m.	Junior Female
4:20 p.m.	Juvenile Female
5:15 p.m.	Junior Male
6:10 p.m.	Juvenile Male
7:05 p.m.	Junior Female
8 p.m.	Junior Male

Yukon vs. Alberta Nunavut vs. Alberta Nunavut vs. NWT NWT vs. Magadan Alberta vs. Nunavut Alaska vs. NWT Yukon vs. Greenland Yukon vs. Alaska Nunavut vs. NWT Nunavut vs. Alaska Yukon vs. NWT Alberta vs. Greenland Alberta vs. NWT

### Thursday March 4

nuisuay, w	aren 4
9 a.m.	Int. Female
9:55 a.m.	Junior Male
10:50 a.m.	Junior Female
11:45 a.m.	Juvenile Female
12:40 p.m.	Juvenile Male
1:35 p.m.	Junior Female
2:30 p.m.	Junior Male
3:25 p.m.	Juvenile Male
4:20 p.m.	Junior Female
5:15 p.m.	Juvenile Female
6:10 p.m.	Junior Male
7:05 p.m.	Int. Female
8 p.m.	Junior Male

Yukon vs. Alberta Alaska vs. Greenland Yukon vs. Nunavut Alaska vs. Alberta Alberta vs. Alaska NWT vs. Greenland Nunavut vs. NWT Nunavut vs. Yukon Alaska vs. Alberta NWT vs. Yukon Alberta vs. Yukon NWT vs. Nunavut Greenland vs. Magadan

### Fric

łay,	March	5	
9	a.m.	Juvenile Male	1st vs. 4th
9:55	a.m.	Juvenile Male	2nd vs. 3rd
0:50	a.m.	Junior Female	2nd vs. 3rd
1:45	a.m.	Junior Female	1st vs. 4th
2:40	p.m.	Junior Male	1st vs. 4th
1:35	p.m.	Junior Male	2nd vs. 3rd
2:30	p.m.	Juvenile Female	2nd vs. 3rd
3:25	p.m.	Juvenile Female	1st vs. 4th
4:20	p.m.	Int. Female	1st vs. 4th
5:15	p.m.	Int. Female	2nd vs. 3rd
6:10	p.m.	Juvenile Male	Bronze Ulu Gam
7:05	p.m.	Junior Female	Bronze Ulu Gam-
8	p.m.	Junior Male	Bronze Ulu Gam
8:55	p.m.	Juvenile Female	Bronze Ulu Gam
9-50	p.m	Int Female	Bronze I Ilu Gam

arch b
Juvenile Male
Junior Female
Junior Male
Juvenile Female
Int. Female
All

Gold Ulu Game Ullu Presentations

For more information about indoor soccer: www.fifa.com Soccer is sponsored by CEDA Reactor.

## Snowboarding

Vista Ridge All Seasons Park

### Monday, March 1

11 a.m. Boarder Cross Start 1 p.m. Boarder Cross Final 2:30 p.m. Ulu Presentations

### Tuesday, March 2

10:30 a.m. First Run - Giant Slalom 1 p.m. Second Run - Giant Slalom 2:30 p.m. Ulu Presentations

### Wednesday, March 3

11 a.m. Slopestyle Start 1 p.m. Slopestyle Final 2:30 p.m. Ulu Presentations

### Thursday, March 4

11 a.m. Half Pipe Qualifying Runs 1 p.m. Half Pipe Final 2:30 p.m. Ulu Presentations



n 1929 M.J. "Jack" Burchett cut out a plank of plywood and secured his feet to it with clothesline and horse reins, and the first snowboard-like invention was born. It took some 30 years until the next step was taken. An eighth grade student by the name of Tom Sims designed a "skiboard" for a class project, and two years later Sherman Poppen invented a "Snurfer" by bolting two skis together.

From these modest beginnings the sport of snowboarding has grown in popularity, to the point where the sport was introduced to the Winter Olympic Games in 1998.

Snowboarding was included in the Arctic Winter Games for the first time in 2000. Events include giant slalom, boardercross, and slopestyle.

### Snowshoe Biathlon



ike ski biathlon, snowshoe biathlon is a gruelling sport with origins in the hunting and trapping traditions of the northern wilderness.

Snowshoe biathlon competition at the Arctic Winter Games typically includes individual and relay events in junior and open categories for both males and females. In snowshoe biathlon, competitors must snowshoe a set distance before entering a shooting range where they fire at five targets 50 metres away. Junior competitors do not carry their rifles when they snowshoe.

Fort McMurray Fish & Game Club

### Tuesday, March 2

10:47 a.m.

Jr. Male Jr. Female Biathlon Opening Ceremonies Snowshoe Biathlon Individual Competition - 5 km Snowshoe Biathlon Individual Competition - 5 km

### Thursday, March 4

11 a.m. Jr. Male Jr. Female Snowshoe Biathlon Sprint Competition - 3 km Snowshoe Biathlon Sprint Competition - 3 km

### Friday, March 5

11 a.m. Jr. Mixed

Snowshoe Biathlon Relay Competition - 4 x 3 km

## Snowshoeing

### Monday, March 1

The Snye

10 a.m. 10:10 a.m. 10:30 a.m. 10:50 a.m. 11:30 a.m. 12 p.m. 2:45 p.m.

Junior Female Junior Male Junior Female

Junior Male Junior Female Junior Male Junior Mixed

100 m Sprint

100 m Sprint 400 m Sprint 400 m Sprint 1500 m Sprint 1500 m Sprint

4 x 400 m Relay

Tuesday, March 2

Birchwood Trails

2 p.m. 2:10 p.m. Junior Male Junior Female 5 km Cross Country 5 km Cross Country

Saturday, March 6

Birchwood Trails

10 a.m. 10:01 a.m. 12 p.m. Junior Male Junior Female

10 km 7.5 km

**Ulu Presentations** 



nowshoeing is a sport that demands very little in terms of equipment, but a great deal in terms of athletic ability. A snowshoeing competitor is nothing without strength, endurance and determination. These qualities are the modern

snowshoe racer's key to victory, just as they were once the arctic hunter's vital

there are a number of individual competitions where each person races against the clock. Snowshoes can be no longer than 32 inches in length and no wider than 8.5 inches. Other than snowshoes,

# Speed Skating



or as long as there have been skates, there have been people who liked to skate fast.

Speed skating was actually the first of the three skating sports to develop into a competitive sport. Simply put, it is racing on ice. There are three basic types of competitions in speed skating: Olympic style (double lane), mass start (outdoor and indoor) and I.S.U. short track.

Short track competition takes place on a 111.12-metre oval inside an arena. It is very exciting to watch as races of four and six skilled skaters make passes and show adept strategy in a confined area.

After short-track speed skating was introduced as a demonstration sport at the 1988 Calgary Winter Olympics and became a full Olympic sport in 1992, the sport's popularity began to grow. This trend did not go unnoticed by the Arctic Winter Games. Short track replaced long track in 1988 and has been a highlight of every Arctic Winter Games since that time.

Frank Lacroix Minor Hockey Arena

### Monday, March 1

9 a.m. Juvenile Male Juvenile Female Junior Male Junior Female

### Tuesday, March 2

9 a.m. Juvenile Male Juvenile Female Juvenile Male Juvenile Female Juvenile Male Juvenile Female Junior Male **Junior Female** Junior Male Junior Female Junior Male Junior Female

### Thursday, March 4 1000 m Heats 9 a.m. Juvenile Male 1000 m Heats

1500 m Finals

777 m Heats

777 m Heats

777 m Finals

777 m Finals

1500 m Heats Juvenile Male 1500 m Heats Juvenile Female Juvenile Male Juvenile Female 1000 m Finals Junior Male Junior Female 1000 m Finals 500 m Heats Junior Male 500 m Heats Junior Female 500 m Finals Junior Male Junior Female 500 m Finals 1500 m Finals

### Friday, March 5

5 p.m. Juvenile Male Juvenile Female Junior Male **Junior Female** Juvenile Male **Juvenile Female** Junior Male Junior Female

Juvenile Female

777 m Heats 777 m Heats 777 m Finals 777 m Finals 666 m Heats 666 m Heats 1000 m Heats 1000 m Heats 1000 m Finals 1000 m Finals 500 m Heats 500 m Heats

666 m Finals 666 m Finals 500 m Finals 500 m Finals 2000 m Relay 2000 m Relay 3000 m Relay 3000 m Relay

For more information about speed skating: www.isu.org DRIVING FORCE proudly sponsors this competition.

### Table Iennis

Greely Road School

Sunday,	February	29
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9 a.m. - 5 p.m. Jr. & Juv. Dbls - Team Event Table 1, 2 & 3 Round Robin Play

### Monday, March 1

9 a.m. - 5:30 p.m. Doubles - Individual Event Table 1, 2 & 3 Round Robin Play

### Tuesday, March 2

9 a.m. - 11 a.m. **Doubles Finals - Junior Male** & all Juvenile Table 1, 2 & 3 Round Robin Play 11 a.m. - 12:30 p.m. Dbls Finals - Jr. Female Table 2 Finals - Doubles 11 a.m. - 6 p.m. Juvenile Mixed Table 1.3 Round Robin Play Jr. & Juv. Mixed Table 1, 2 & 3 Round Robin Play 1:30 p.m. - 6 p.m.

### Wednesday, March 3

9 a.m. - 11 a.m. Juvenile Mixed Table 2 Semi-Finals 9 a.m. - 6 p.m. Jr. Mixed & Juv. Singles Table 1, 3 Round Robin Play 12 p.m. - 6 p.m. Jr. Mixed & Juv. Singles Table 2 Round Robin Play

### Thursday, March 4

9 a.m. - 10:30 a.m. Jr. Mixed Semi-Finals Table 1 Semi-Finals 9 a.m. - 10:30 a.m. Table 2.3 Round Robin Play 11 a.m. - 12 p.m. Table 2, 3 **Finals** 11 a.m. - 12 p.m. **Junior Singles** Table 1, 3 Round Robin Play Jr. Mixed Finals Table 1 12 p.m. - 1 p.m. **Finals** Table 2, 3 Round Robin Play 12 p.m. - 1 p.m. Table 1, 2 & 3 Round Robin Play Junior & Juvenile Singles 1 p.m. - 7 p.m.

### Friday, March 5

Table 1, 2 & 3 Round Robin Play 9 a.m. - 1 p.m. 3 p.m. Jr. & Juv. Singles Table 1, 2 & 3 Semi-Finals - Singles Finals - Singles 5 p.m. Table 1, 3 **Ulu Presentations** 6 p.m.



t may not get the respect it deserves, but those who have watched live table tennis realize that it is one of the fastest and most entertaining sports. More than 250 million people play this game either on a professional level or as a popular sporting activity.

The table tennis competition at the Arctic Winter Games typically features singles, doubles and mixed doubles events. It follows the rules of the International Table Tennis Federation.

## Volleyball



olleyball is one of the six sports included at every Arctic Winter Games. The competition in 2004 is sure to be fierce as teams from all across the North compete to be crowned the Kings and Queens of the court.

Junior male and female athletes compete under the rules of the International Volleyball Federation.

The action takes place at Westwood Community High School, and is guaranteed to be fast and furious as Team Alberta North defends its title against stiff competition from other delegates, including Team Greenland, Team Alaska and Team Yukon.

Westwood Community High School

### Monday, March 1

9 a.m. Junior Male Junior Male 10:30 a.m. Junior Female Junior Female 1 p.m. 2:30 p.m.

Junior Male Junior Male Junior Female Junior Female 6:30 p.m. Junior Male Junior Female

Nunavut vs. Alberta Alaska vs. Yukon Nunavut vs. Alberta Greenland vs. NWT Alaska vs. Nunavut Greenland vs. NWT Alaska vs. Nunavut Alberta vs. Yukon Alberta vs. Yukon

Alaska vs. Yukon

Court 1 Court 2 Court 1 Court 2 Court 1 Court 2 Court 1 Court 2 Court 1 Court 2

### Tuesday, March 2

9 a.m.

10:30 a.m.

1 p.m. 2:30 p.m.

6:30 p.m.

Junior Male Junior Male Junior Female

Junior Female Junior Male Junior Male Junior Female Junior Female

Junior Male Junior Female NWT vs. Nunavut Greenland vs. Alaska NWT vs. Nunavut Alberta vs. Greenland Yukon vs. Nunavut Alberta vs. Greenland Yukon vs. Nunavut Alberta vs. NWT Alberta vs. NWT

Greenland vs. Alaska

Court 1 Court 2 Court 1 Court 2 Court 1 Court 2 Court 1 Court 2 Court 1

Court 2

### Thursday, March 4

9 a.m.

10:30 a.m.

1 p.m.

2:30 p.m.

6:30 p.m.

Junior Male Junior Male Junior Female

Junior Female Junior Male Junior Male Junior Female Junior Female Junior Male

Junior Female

NWT vs. Alaska Greenland vs. Yukon NWT vs Alaska Greenland vs. Nunavut Yukon vs. NWT Greenland vs. Nunavut Yukon vs. NWT Alaska vs. Alberta Alaska vs. Alberta

Greenland vs. Yukon

Court 1 Court 2 Court 1 Court 2 Court 1 Court 2 Court 1 Court 2 Court 1 Court 2

Centre

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Centre

Friday, March 5

9 a.m. 10:30 a.m. 12 p.m.

1:30 p.m. 6:30 p.m. 8 p.m.

Junior Male Junior Female Junior Male Junior Female Junior Male

Junior Female

1st vs. 4th 1st vs. 4th 2nd vs. 3rd 2nd vs. 3rd Bronze Ulu Game Bronze Ulu Game

Saturday, March 6

9 a.m. 10:30 a.m. 12 p.m. Junior Female Junior Male

Gold Ulu Game Gold Ulu Game Volleyball Closing Ceremonies

Centre Centre

For more information about volleyball: www.fivb.org Volleyball competition is sponsored by L. Robert Enterprises.

### Wrestling

Centre Communautaire Scolaire Boréal

Tuesday, March 2

9 a.m. Dual Meet
Dual Meet
Dual Meet
11:30 a.m. Dual Meet

Alaska vs. Yukon Round 1 NWT vs. Alberta Round 1 Nunavut vs. Magadan Round 1 NWT vs. Alaska Round 2 Yukon vs. Magadan Round 2 Alberta vs. Nunavut Round 2 Alaska vs. Magadan Round 3 Alberta vs. Yukon Round 3 Nunavut vs. NWT Round 3

Wednesday, March 3

9 a.m.

Dual Meet
Dual Meet
2 p.m. Dual Meet
Dual Meet
Dual Meet
Dual Meet

**Dual Meet** 

NWT vs. Yukon Round 4
Alaska vs. Nunavut Round 4
Alberta vs. Magadan Round 5
Nunavut vs. Yukon Round 5
NWT vs. Magadan Round 5
Alaska vs. Alberta Round 5

Thursday, March 4

9 a.m.

Individual Event

Friday, March 5

9:30 a.m. 10:30 a.m. Info Clinic Inuit Wrestling



You won't find any folding chairs, masked marauders or shady managers in Arctic Winter Games wrestling, but you will find junior male and female wrestlers competing against the top opponents in their sport.

An original Arctic Winter Games event, wrestlers compete in Junior Male and Junior Female categories and as members in team, individual, Inuit or Traditional Inuit wrestling divisions.

With Team Alberta North and Team Nunavut capturing 21 medals each at the 2002 Winter Games and Team Alaska breathing down their necks with 19 medals, 2004's wrestling competition promises to be another stiff battle that will have fans on their feet.

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SPORT Venue	SAT Feb.28	SUN Feb.29	MON Mar.1	Mar.2	WED Mar.3	THURS Mar.4	FRI Mar.5	SAT Mar.6
ALPINE SKIING	Teb.20	160.23		IVIdi.2			Ividi.3	Ivial.0
Vista Ridge Ski Club			•		•	•		
ARCTIC SPORTS		•	•	•	•	•	•	
Fort McMurray Composite High School/ Fort Chipewyan School				Ft. Chip				
BADMINTON Father Patrick Mercredi High School/ St. Gabriel Elementary School		•	•	•	•	•	•	
BASKETBALL Father Patrick Mercredi High School/ Fort Chipewyan School			•	•	•	•	•	
BIATHLON (ski) Fort McMurray Fish & Game Club				•		•	•	
CROSS-COUNTRY SKIING Birchwood Trails/Snye Park			•	•		•	•	
CURLING C.A. Knight Recreation Centre			•	•	•	•	•	
DENE GAMES		•	•	•		•		
Keyano College/Fort McKay/Janvier/ Corless Field (Composite High)			McKay	Janvier				
DOG MUSHING				•	•	•		
Snye Park/Anzac				Anzac	Snye	Snye		
FIGURE SKATING C.A. Knight Recreation Centre			•	•		•		
GYMNASTICS Norfort Gymnastics Club				•		•		
HOCKEY		•	•	•	•	•	•	•
Thickwood Arena/Frank Lacroix Arena/ C.A. Knight Recreation Centre								
INDOOR SOCCER C.A. Knight Recreation Centre		•	•	•	•	•	•	•
SNOWBOARDING			•	•	•		•	
Vista Ridge Ski Club								
SNOWSHOE BIATHLON Fort McMurray Fish & Game Club				•		•	•	
SNOWSHOEING Snye Park/Birchwood Trails			•	•				•
SPEED SKATING Frank Lacroix Arena			•	•		•	•	
TABLE TENNIS Greely Road School		•	•	•	•	•	•	
VOLLEYBALL Westwood High School			•	•		•	•	•
WRESTLING Centre Boréal				•	•	•	•	
OPENING & CLOSING CEREMONIES MacDonald Island Exhibition Park - ATCO Plaza	•							•
CULTURAL CONCERTS								